based on 4 people Nadine Veverka 0468 990 871 www.hermasterplan.com.au

GOING TO TOWN

Her & her hens go to town.

For the bride-to-be who doesn't do it without her best buds by her side. Get ready for some fun on this amazing journey as a dream team.

- » Group health and fitness consultation + additional consultation for the bride
- >> 6 weeks small group personal training (two 45 minute sessions per week) just you and your hens
 - » 6 weeks group nutrition guide packed with great recipes and fun group ideas
 - Skin analysis and skin care prescription
 - » Decléor Body Essential de-stress and detox treatment
 - St Tropez tan
 - » Spa manicure & pedicure
 - >> Eyelash tint, eyebrow tint and shape
 - » Make-up lesson for bridesmaids and support in completing their own make-up on the day of the wedding
 - » Make-up trial for the bride and make-up application for the bride on the day of the wedding
 - » Make-up bag for the bride

Cost: BRIDE - 6 weekly payments of \$182.50 or a one-off payment of \$1095 | BRIDESMAIDS - 6 weekly payments of \$166 per person or a one-off payment of \$995 per person (Package Value \$4930)*